

Instruction of Lanoxin (Digoxin)

- **GENERIC NAME:** Digoxin
- **USES:** Digoxin is used to treat heart failure and a certain type of irregular heartbeat (chronic atrial fibrillation).
- **HOW TO USE:** Usually once daily or as directed by your doctor.
- **SIDE EFFECTS:**
 1. Nausea, vomiting, headache, loss of appetite, and diarrhea may occur. If any of these effects persist or worsen, tell your doctor or pharmacist promptly. Many people using this medication do not have serious side effects.
 2. Tell your doctor immediately if any of these unlikely but serious side effects occur: weakness, mental/mood changes, vision changes (such as blurred or yellow/green vision).
 3. This is not a complete list of possible side effects. If you notice other effects not listed above, contact your doctor or pharmacist.
- **PRECAUTIONS:**
 1. Before taking digoxin, tell your doctor or pharmacist if you are allergic to it; or to similar drugs (such as digitoxin).
 2. Before using this medication, tell your doctor or pharmacist your medical history, especially of kidney problems, thyroid problems.
 3. Before having surgery, tell your doctor or dentist that you are using this medication.
 4. Be performed periodically to monitor your progress or check for side effects.
 5. Pregnant: tell your doctor if you are pregnant before using this medication.
 6. Breast-feeding: consult your doctor before breast-feeding.
- **MISSED DOSE:**

If you miss a dose, take it as soon as you remember if it is within 12 hours of your scheduled dose. If it is more than 12 hours after your scheduled dose, skip the missed dose and resume your usual dosing schedule. Do not double the dose to catch up. If you miss more than 2 doses in a row, call your doctor to get a new dosing schedule.
- **STORAGE:** Store at room temperature between 20-25°C (68-77°F) away from light and moisture. Keep all medicines away from children and pets.
- **DRUG and FOOD Interactions:**
 1. **Bran Fiber:** Meals containing increased fiber (bran) or foods high in pectin may decrease oral absorption of Digoxin. Take Digoxin at least 2 hours before or after eating food products that are high in fiber.
 2. **St. John's wort:** Decreased Digoxin plasma levels and clinical efficacy.

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